

INSTRUCTIONS FOR PREPARATION WITH MOVIPREP

48 hours before your Procedure: Eat light meals throughout the entire day.

DO NOT HAVE ANY NUTS, POPCORN, OR ANY TYPES OF SEEDS.

Day before your procedure: CLEAR LIQUID DIET (all day)

- Juice (with no pulp) such as Apple, White grape, or Gatorade
- Soft Drinks- such as Coke, Dr. Pepper, etc (no red or purple)
- Coffee & Tea- with or without sugar substitute, and non dairy creamer
- Popsicles & Jell-O (no red or purple)
- Chicken & Beef Broth

YOU MAY NOT HAVE

- Pulp Juices such as orange juice or tomato juice
- Red or Purple products
- Dairy products or Soy products

➤ NOTE: This product will cause multiple bowel movements.

5:00pm Start drinking your MoviPrep.

Empty 1 pouch A and 1 pouch B into the disposable container. Add lukewarm drinking water to the top line of the container. Mix to dissolve.

The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approx. 8 oz), until the full liter is complete. Then drink 16 oz of clear liquids.

8:00pm Repeat Above Process.

(You may continue to take your regular prescription medication the day of your procedure.)

Continue to drink clear liquids until midnight only.

DO NOT HAVE ANYTHING TO EAT OR DRINK AFTER MIDNIGHT.

REMEMBER: IF YOU ARE TAKING ANY BLOOD THINNER MEDICATION PLEASE CALL THE OFFICE FOR FURTHER INSTRUCTIONS REGARDING THOSE MEDICATIONS